

OCTOBER 2024 ~ WELCOME CENTER BREAKFAST / SNACK MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write to U.S.D.A., Director Office of Civil Rights, Room 326-W Whittan Building 1400 Independence Ave.; S.W. Washington D.C. 20250-9410 or call (202)720-5964 voice or TDD. "USDA is an equal opportunity provider and employer.</p>	<p align="center">1</p> <p>AM: WG WAFFLES PEACHES MILK</p> <p>PM: WG CHEDDAR CHEX MIX TROPICAL FRUIT</p>	<p align="center">2</p> <p>AM: CHICKEN PATTY on a WG BUN MIXED FRUIT MILK</p> <p>PM: WG WHITE CHEDDAR CHEEZ IT CRACKERS MANDARIN ORANGES</p>	<p align="center">3</p> <p>AM: WG TOAST PEANUT BUTTER BANANA MILK</p> <p>PM: WG BLUEBERRY MUFFIN MANDARIN ORANGES</p>	<p align="center">4</p> <p>AM: WG BISCUIT EGG PATTY PEARS MILK</p> <p>PM: WG GOLDFISH PRETZELS TROPICAL FRUIT</p>
	<p align="center">7</p> <p>AM: WG TOAST HARD BOILED EGG PEARS MILK</p> <p>PM: WG APPLE CINNAMON MUFFINS PEACHES</p>	<p align="center">8</p> <p>AM: WG BISCUIT TURKEY SAUSAGE PATTY MANDARIN ORANGES MILK</p> <p>PM: WG PEANUT BUTTER CRACKERS APPLE SLICES</p>	<p align="center">9</p> <p>AM: WG TOAST EGG PATTY TROPICAL FRUIT MILK</p> <p>PM: WG CHEDDAR CHEX MIX PEARS</p>	<p align="center">10</p> <p>AM: WG PANCAKES MIXED BERRIES MILK</p> <p>PM: WG PEANUT BUTTER CHEESE CRACKERS APPLESAUCE</p>
<p align="center">14</p> <p>AM: WG BISCUIT TURKEY SAUSAGE PATTY MIXED FRUIT MILK</p> <p>PM: WG RITZ BITS CHEESE CRACKERS STRAWBERRY APPLESAUCE</p>	<p align="center">15</p> <p>AM: WG FRENCH TOAST STICKS TROPICAL FRUIT MILK</p> <p>PM: WG BLUEBERRY MUFFIN 100% FRUIT JUICE</p>	<p align="center">16</p> <p>AM: WG BISCUIT SAUSAGE GRAVY MANDARIN ORANGES MILK</p> <p>PM: WG GOLDFISH PRETZELS PEACHES</p>	<p align="center">17</p> <p>AM: WG RICE CEREAL PEARS MILK</p> <p>PM: WG GRAHAM CRACKERS PEANUT BUTTER</p>	<p align="center">18</p> <p>AM: WG TOAST W/ CHEESE EGG PATTY PEACHES MILK</p> <p>PM: WG APPLE CINNAMON MUFFIN MIXED FRUIT</p>
<p align="center">21</p> <p>AM: WG WAFFLES PEACHES MILK</p> <p>PM: WG CHEDDAR CHEX MIX PEARS</p>	<p align="center">22</p> <p>AM: CHICKEN PATTY on a WG BUN MIXED FRUIT MILK</p> <p>PM: WG CORNBREAD FLAVORED MILK</p>	<p align="center">23</p> <p>AM: WG BISCUIT TURKEY SAUSAGE MANDARIN ORANGES MILK</p> <p>PM: WG PEANUT BUTTER CHEESE CRACKERS PEARS</p>	<p align="center">24</p> <p>AM: WG TOAST HARD BOILED EGG TROPICAL FRUIT MILK</p> <p>PM: WG APPLE CINNAMON MUFFIN 100% FRUIT JUICE</p>	<p align="center">25</p> <p>AM: WG PANCAKES STRAWBERRIES MILK</p> <p>PM: WG WHITE CHEDDAR CHEEZ IT CRACKERS PEARS</p>
<p align="center">28</p> <p>AM: WG FRENCH TOAST STICKS MIXED FRUIT MILK</p> <p>PM: WG GRAHAM CRACKERS CINNAMON APPLESAUCE</p>	<p align="center">29</p> <p>AM: WG RICE CEREAL BANANA MILK</p> <p>PM: WG STRAWBERRY CHEX MIX PEACHES</p>	<p align="center">30</p> <p>AM: WG TOAST w/ CHEESE TURKEY SAUSAGE PATTY PEACHES MILK</p> <p>PM: WG RITZ BITS CHEESE CRACKERS MIXED FRUIT</p>	<p align="center">31</p> <p>AM: WG BISCUIT SAUSAGE GRAVY TROPICAL FRUIT MILK</p> <p>PM: WG GOLDFISH PRETZELS CINNAMON APPLESAUCE</p>	<p><i>Breakfast: Milk 1 cup; Vegetables, Fruit or both ½ cup; Grains 2 oz eq Snack: Any 2 of 4 components: ¾ cup of Yogurt; 1 cup Milk; ½ cup Fruit or Vegetable; 1 oz Grain or Bread Meat or Meat alternate 1 oz eq W.G. = Whole Grain</i></p>

This institution is an equal opportunity provider.