

**AUGUST 2024 ~ WELCOME CENTER BREAKFAST / SNACK MENUS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write to U.S.D.A., Director Office of Civil Rights, Room 326-W Whittan Building 1400 Independence Ave.; S.W. Washington D.C. 20250-9410 or call (202)720-5964 voice or TDD. "USDA is an equal opportunity provider and employer.</p>	<p><b>Breakfast:</b> Milk 1 cup: Vegetables, Fruit or both ½ cup: Grains 2 oz eq <b>Snack:</b> Any 2 of 4 components: ¾ cup of Yogurt: 1 cup Milk: ½ cup Fruit or Vegetable; 1 oz Grain or Bread Meat or Meat alternate 1 oz eq  W.G. = Whole Grain</p>		<p align="center"><b>1</b> AM: WG BISCUIT HARD BOILED EGG MANDARIN ORANGES MILK  PM: WG CHEDDAR CHEX MIX PEARS</p>	<p align="center"><b>2</b> AM: WG PANCAKES MIXED FRUIT MILK  PM: WG GOLDFISH CRACKERS STRAWBERRY APPLESAUCE</p>
<p align="center"><b>5</b> AM: WG MINI WAFFLES PEACHES MILK  PM: WG GRAHAM CRACKERS PEANUT BUTTER</p>	<p align="center"><b>6</b> AM: EGG PATTY WG TOAST SLICE MANDARIN ORANGES MILK  PM: WG MINI CORNBREAD FLAVORED MILK</p>	<p align="center"><b>7</b> AM: WG BISCUIT TURKEY SAUSAGE PATTY MIXED FRUIT MILK  PM: WG RITZ BITS CHEESE CRACKERS PEARS</p>	<p align="center"><b>8</b> <b>CLOSED</b> For STAFF TRAINING</p>	<p align="center"><b>9</b> AM: CHICKEN PATTY On s WG BUN MANDARIN ORANGES MILK  PM: WG CHEDDAR CHEX MIX PEACHES</p>
<p align="center"><b>12</b> AM: WG TOAST SLICE EGG PATTY PEARS MILK PM: WG STRAWBERRY CHEX MIX TROPICAL FRUIT</p>	<p align="center"><b>13</b> AM: WG RICE CEREAL BANANA MILK PM: WG GOLDFISH CRACKERS MIXED FRUIT</p>	<p align="center"><b>14</b> AM: WG BISCUIT SAUSAGE GRAVY PEACHES MILK PM: WG APPLE CINNAMON MUFFIN PEARS</p>	<p align="center"><b>15</b> AM: WG FRENCH TOAST STICKS TROPICAL FRUIT MILK PM: WG PEANUT BUTTER CHEESE CRACKERS PEACHES</p>	<p align="center"><b>16</b> AM: WG BISCUIT TURKEY SAUSAGE PATTY MIXED FRUIT MILK PM: WG BLUEBERRY MUFFIN APPLESAUCE</p>
<p align="center"><b>19</b> AM: WG TOAST SLICE TURKEY SAUSAGE PATTY PEARS MILK PM: WG CHEDDAR CHEX MIX TROPICAL FRUIT</p>	<p align="center"><b>20</b> AM: WG PANCAKES BLUEBERRIES MILK PM: WG STRAWBERRY CHEX MIX 100% FRUIT JUICE</p>	<p align="center"><b>21</b> AM: CHICKEN PATTY on a WG BUN MANDARIN ORANGES MILK PM: WG CHEDDAR CHEEZ IT CRACKERS PEARS</p>	<p align="center"><b>22</b> AM: WG OAT CEREAL BANANA MILK PM: WG GRAHAM CRACKERS CINNAMON APPLESAUCE</p>	<p align="center"><b>23</b> AM: HARD BOILED EGG WG TOAST PEACHES MILK PM: WG PEANUT BUTTER CHEESE CRACKERS PEARS</p>
<p align="center"><b>26</b> AM: WG RICE CEREAL STRAWBERRIES MILK PM: WG APPLE CINNAMON MUFFIN APPLESAUCE</p>	<p align="center"><b>27</b> AM: WG FRENCH TOAST STICKS PEACHES MILK PM: WG RITZ BITS CHEESE CRACKERS TROPICAL FRUIT</p>	<p align="center"><b>28</b> AM: WG TOAST SLICE w/ CHEESE EGG PATTY PEARS MILK PM: WG BREAD SLICE w/ PEANUT BUTTER FLAVORED MILK</p>	<p align="center"><b>29</b> AM: WG BISCUIT TURKEY SAUSAGE PATTY MANDARIN ORANGES MILK PM: WG CHEDDAR CHEX MIX STRAWBERRY APPLESAUCE</p>	<p align="center"><b>30</b> AM: WG BISCUIT SAUSAGE GRAVY MIXED FRUIT MILK PM: WG BREAD SLICE PIMENTO CHEESE</p>

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