

MAY 2024 ~ WELCOME CENTER BREAKFAST / SNACK MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write to U.S.D.A., Director Office of Civil Rights, Room 326-W Whittan Building 1400 Independence Ave., S.W. Washington D.C. 20250-9410 or call (202)720-5964 voice or TDD. "USDA is an equal opportunity provider and employer"</p>	<p><i>Breakfast:</i> Milk 1 cup: Vegetables, Fruit or both ½ cup: Grains 2 oz eq <i>Snack:</i> Any 2 of 4 components: ¾ cup of Yogurt: 1 cup Milk: ½ cup Fruit or Vegetable; 1 oz Grain or Bread Meat or Meat alternate 1 oz eq</p> <p style="text-align: center;">W.G. = Whole Grain</p>	<p style="text-align: center;">1</p> <p>AM: CHICKEN PATTY ON A WG BUN MANDARIN ORANGES MILK</p> <p>PM: APPLESAUCE WG GOLDFISH CHEDDAR CHEESE CRACKERS</p>	<p style="text-align: center;">2</p> <p>AM: WG OATMEAL STRAWBERRIES MILK</p> <p>PM: WG GOLDFISH PRETZELS PEANUT BUTTER</p>	<p style="text-align: center;">3</p> <p>AM: WG BISCUIT EGG PATTY MIXED FRUIT MILK</p> <p>PM: WG PEANUT BUTTER CRACKERS PEARS</p>
<p style="text-align: center;">6</p> <p>AM: WG FRENCH TOAST STICKS STRAWBERRY APPLESAUCE MILK</p> <p>PM: WG STRAWBERRY CHEX MIX TROPICAL FRUIT CUP</p>	<p style="text-align: center;">7</p> <p>AM: WG TOAST CHEESE SLICE HARD BOILED EGG MANDARIN ORANGES MILK</p> <p>PM: WG GOLDFISH PRETZELS 100% FRUIT JUICE</p>	<p style="text-align: center;">8</p> <p>AM: WG BISCUIT SAUSAGE GRAVY PEACHES</p> <p>PM: WG PEANUT BUTTER CRACKERS STRAWBERRY APPLESAUCE</p>	<p style="text-align: center;">9</p> <p>AM: WG RICE CEREAL BANANA MILK</p> <p>PM: WG CHEDDAR CHEEZ IT CRACKERS APPLESAUCE</p>	<p style="text-align: center;">10</p> <p>AM: WG WAFFLES BLUEBERRIES MILK</p> <p>PM: WG CHEDDAR CHEX MIX MIXED FRUIT</p>
<p style="text-align: center;">13</p> <p>AM: WG BISCUIT EGG PATTY MIXED FRUIT MILK</p> <p>PM: WG RITZ BITS CHEESE CRACKERS CINNAMON APPLESAUCE</p>	<p style="text-align: center;">14</p> <p>AM: WG PANCAKES STRAWBERRIES MILK</p> <p>PM: WG PEANUT BUTTER CRACKERS PEACHES</p>	<p style="text-align: center;">15</p> <p>AM: WG TOAST EGG PATTY MANDARIN ORANGES MILK</p> <p>PM: WG STRAWBERRY CHEX MIX PEARS</p>	<p style="text-align: center;">16</p> <p>AM: WG FRENCH TOAST STICKS MIXED FRUIT MILK</p> <p>PM: WG MINI CORNBREAD LOAF FLAVORED MILK</p>	<p style="text-align: center;">17</p> <p>AM: WG BISCUIT TURKEY SAUSAGE STRAWBERRY APPLESAUCE MILK</p> <p>PM: WG GOLDFISH PRETZELS PEANUT BUTTER</p>
<p style="text-align: center;">20</p> <p>AM: WG RICE CEREAL PEACHES MILK</p> <p>PM: WG CHEDDAR CHEX MIX MIXED FRUIT</p>	<p style="text-align: center;">21</p> <p>AM: CHICKEN PATTY ON A WG BUN MANDARIN ORANGES MILK</p> <p>PM: WG CINNAMON APPLE MUFFINS 100% FRUIT JUICE</p>	<p style="text-align: center;">22</p> <p>AM: WG TOAST TURKEY SAUSAGE CHEESE TROPICAL FRUIT MILK</p> <p>PM: WG GOLDFISH PRETZELS STRAWBERRY APPLESAUCE</p>	<p style="text-align: center;">23</p> <p>AM: WG BISCUIT SAUSAGE GRAVY PEARS MILK</p> <p>PM: WG PEANUT BUTTER CRACKERS APPLESAUCE</p>	<p style="text-align: center;">24</p> <p>AM: WG PANCAKES PEANUT BUTTER BANANA MILK</p> <p>PM: WG MINI CORNBREAD LOAF MIXED FRUIT</p>
<p style="text-align: center;">27</p> <p style="text-align: center;">CLOSED IN HONOR OF MEMORIAL DAY</p> 	<p style="text-align: center;">28</p> <p>AM: WG WAFFLES MANDARIN ORANGES MILK</p> <p>PM: WG GOLDFISH PRETZELS MIXED FRUIT</p>	<p style="text-align: center;">29</p> <p>AM: WG BISCUIT TURKEY SAUSAGE EGG PATTY CINNAMON APPLESAUCE MILK</p> <p>PM: WG RITZ BITS CHEESE CRACKERS PEARS</p>	<p style="text-align: center;">30</p> <p>AM: WG APPLE CINNAMON MUFFIN EGG PATTY MIXED FRUIT MILK</p> <p>PM: WG STRAWBERRY CHEX MIX PEACHES</p>	<p style="text-align: center;">31</p> <p>AM: WG RICE CEREAL BANANA MILK</p> <p>PM: WG PEANUT BUTTER CRACKERS MIXED FRUIT</p>

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