



APRIL 2024 ~ WELCOME CENTER BREAKFAST / SNACK MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 AM: WG BISCUIT EGG PATTY MIXED FRUIT MILK PM: WG BLUEBERRY MUFFIN 100% FRUIT JUICE	2 AM: WG BLUEBERRY WAFFLES TURKEY SAUSAGE PATTY PEACHES MILK PM: 1 SLICE OF WG BREAD PIMENTO CHEESE SPREAD	3 AM; WG BISCUIT EGG PATTY CHEESE SLICE MANDARIN ORANGES MILK PM; WG CORNBREAD SLICE MILK	4 AM: WG RICE CEREAL BANANA WG TOAST MILK PM: WG GRAHAM CRACKERS PEANUT BUTTER	5 AM: WG FRENCH TOAST STICKS MIXED FRUIT MILK PM: YOGURT MIXED BERRIES GRAHAM CRACKER CRUMBLES
8 AM: WG TOAST w/ PEANUT BUTTER HARD BOILED EGG MANDARIN ORANGES MILK PM: WG PEANUT CRACKERS MIXED FRUIT	9 AM: WG BISCUIT SAUSAGE GRAVY PEACHES MILK PM: WG WHITE CHEDDAR CHEEZ ITS STRAWBERRY APPLESAUCE	10 AM: CHICKEN PATTY on a WG BUN MIXED FRUIT MILK PM: WG STRAWBERRY CHEX MIX PEARS	11 	12 AM: WG MINI WAFFLES BLUEBERRIES MILK PM: WG RITZ BITS CHEESE CRACKERS TROPICAL FRUIT CUP
15 AM: WG TOAST w/ CHEESE EGG PATTY CINNAMON APPLESAUCE MILK PM: WG WHITE CHEDDAR CHEEZ ITS FLAVORED MILK	16 AM: WG BISCUIT EGG PATTY TURKEY SAUSAGE PATTY PEACHES MILK PM: WG STRAWBERRY CHEX MIX PEARS	17 AM: WG TOAST w/ CHEESE SAUSAGE PATTY TROPICAL FRUIT MILK PM: YOGURT CRUSHED PINEAPPLE	18 AM: WG BLUEBERRY WAFFLES HARD BOILED EGG MIXED FRUIT MILK PM: WG CHEESE CRACKERS STRAWBERRY APPLESAUCE	19 AM: WG PANCAKES STRAWBERRIES MILK PM: WG CHEDDAR CHEX MIX PEACHES
22 AM: WG OAT CEREAL BANANA WG TOAST MILK PM: WG APPLE CINNAMON MUFFIN PEACHES	23 AM: WG FRENCH TOAST STICKS MIXED FRUIT MILK PM: WG PEANUT BUTTER CRACKERS TROPICAL FRUIT CUP	24 AM: WG BISCUIT w/ CHEESE TURKEY SAUSAGE PATTY MANDARIN ORANGES MILK PM: WG BLUEBERRY MUFFIN PEACHES	25 AM: CHICKEN PATTY on a WG BUN PEACHES MILK PM: WG STRAWBERRY CHEX MIX MANDARIN ORANGES	26 AM: WG BISCUIT SAUSAGE GRAVY PEARS MILK PM: WG WHITE CHEDDAR CHEEZ ITS MIXED FRUIT
29 AM: WG PANCAKES MIXED BERRIES MILK PM: WG RITZ BITS CHEESE CRACKERS MIXED FRUIT	30 AM: WG TOAST w/ CHEESE TURKEY SAUSAGE PATTY MANDARIN ORANGES MILK PM: WG GOLDFISH PRETZELS PEANUT BUTTER		<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint, write to U.S.D.A., Director Office of Civil Rights, Room 326-W Whittan Building 1400 Independence Ave.; S.W. Washington D.C. 20250-9410 or call (202)720-5964 voice or TDD. "USDA is an equal opportunity provider and employer.</p>	
<p><i>Breakfast:</i> Milk 1 cup: Vegetables, Fruit or both ½ cup: Grains 2 oz eq Snack: Any 2 of 4 components: ¾ cup of Yogurt: 1 cup Milk: ½ cup Fruit or Vegetable; 1 oz Grain or Bread Meat or Meat alternate 1 oz eq</p> <p>W.G. = Whole Grain</p>				

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