



Site: **CLERMONT SENIOR SERVICES**

Senior's Name:

Site

Delivery

Phone:

Day:

of

Delivery

Meals:

Date:

Route:

Entrée - Beef	
BBQ Beef w/ Peas & Onions and Potato Wedges	
Beef Vegetable Stew, Green Beans	
Cinci-Style Chili w/ Spaghetti, Broccoli and Kidney Beans	
Country Fried Steak w/ Gravy, Mashed Potatoes & Mixed Vegetables	
Hamburger Patty, Potato Wedges and Broccoli	
Meatloaf w/ Gravy, Mashed Potatoes and Carrots	
Philly Beef Steak w/ Potato Wedges & Mixed Vegetables	
Salisbury Steak w/ Gravy, Parslied Potatoes & Mixed Vegetables	
Spaghetti & Meatballs w/ Marinara, Italian Vegetables and Spinach	
Swedish Meatballs w/ Egg Noodles, Broccoli & Carrots	

Entrée - Pork	
Hawaiian Pineapple Ham, Whipped Sweet Potatoes and Peas	
Hot Deli Ham, Baked Beans and Broccoli	
Roast Pork Loin w/ Gravy, Brown Rice and Mixed Vegetables	

Entrée - Seafood	
Fish Sticks, Peas, Potato Wedges, and Baked Cinnamon Apples	
Lemon Pepper Fish w/ Brown Rice & Scandinavian Vegetable Blend	
Mediterranean Glazed Salmon w/ Italian Vegetables & Rosemary Garlic Red Skin Potatoes	

Entrée - Turkey	
Turkey Burger (charbroiled), Carrot Coins and Peas	
Roast Turkey w/ Gravy, Mashed Potatoes and Vegetable Medley	
Smoked Turkey Sausage w/ Sauerkraut, Mashed Potatoes and Green Beans	
Turkey Ham & Beans, Mixed Vegetables	

Entrée - Breakfast	
Fried Egg & Turkey Sausage, Red Skin Potatoes and Baked Cinnamon Apples	
Southwestern c.f. Omelet w/ Tomatoes, Peppers, & Onions, Carrots and Breakfast Potatoes	
WG Pancakes & Turkey Sausage, Diced Sweet Potatoes, & Peaches w/ Oat Topping	

Entrée - Vegetarian	
Asian Vegetables & Rice (contains mushrooms), Peas, Baked Cinnamon Apples	
Bean & Cheese Burrito, Zucchini and Corn	
Cheese Manicotti w/ Pesto Cream Sauce, Spinach and California Blend Vegetables	
Cheese Lasagna w/ Marinara, Italian Vegetables and Squash	
Macaroni & Cheese, Stewed Tomatoes and Green Beans	
Veggie Burger w/ Potato Wedges and Scandinavian Blend Vegetables	

Entrée - Chicken	
Chicken Alfredo w/ Spaghetti, Broccoli, Carrots & Cinnamon Apples	
Baked Chicken w/ Gravy, Herb Dressing, Broccoli and Cauliflower	
Chicken & Potato Casserole, California Blend Vegetables	
Chicken Tenders w/ Brown Rice, Green Beans and Carrots	
Grilled Chicken Breast, Green Beans and Yellow Squash	
Orange Chicken w/ Brown Rice, Green Beans and Carrots	





Senior's
Name: _____

of Meals: _____

CLERMONT SENIOR SERVICES

Fruit or Juice - 1 per meal	
Fruit Cocktail	
Peaches	
Applesauce	
Cinnamon Applesauce	
Cranberry-Apple Juice 100%	
Fruit Punch 100%	
Grape Juice 100%	
Orange Juice 100%	
Fresh Apple	
Fresh Orange	
Whole Pears	
Raisins	
NO FRUIT / Reduced Fruit per client request	

Desserts/Snacks - 1 per meal	
Animal Crackers	
Cheese Sandwich Crackers	
Chocolate Sponge Cake Square (uniced)	
Crispy Rice Treat	
Fruit & Grain Bar - Strawberry	
Goldfish Cheese Crackers	
Honey Scooters Cereal (single serve)	
Nutty Buddy wafer cookie	
Oatmeal Cookie	
Raisin Bran Cereal (single serve)	
Sponge Cake Square (uniced)	
White Cheddar Popcorn	
NO SNACKS / Reduced Snacks per client request	

Bread - max. of 1 half-loaf per box	
100% Whole Wheat (½ loaf)	
White Bread (½ loaf)	
NO BREAD, per client request	

Milk - 1/2 gallon only available with 7 meals	
1% Milk (half pint)	
1% Milk (½ gallon)	
Chocolate Milk (half pint)	
Chocolate Milk (½ gallon)	
Skim Milk (half pint)	
Skim Milk (½ gallon)	
2% Milk (half pint)	
2% Milk (½ gallon)	
NO MILK / Reduced Milk per client request	

Condiments - 1 per meal	
Margarine pkt	
Ketchup pkt	
Mustard pkt	
Mayonnaise pkt	
Tartar Sauce pkt	
BBQ Sauce pkt	
Sugar Free Syrup pkt	
Mrs. Dash Salt-Free Seasoning pkt	
NO CONDIMENTS, per client request	

