VOLUNTEER NEWSLETTER SUMMER 2022



CLERMONT SENIOR SERVICES, INC.



Remembering Our Veterans



Clermont Senior Services invites all volunteers that are veterans to a complimentary luncheon where we will be honoring all veterans for their service to our great country.

WEDNESDAY, November 2, 2022 12:00-2:00PM

Guest speakers:

Frank Morrow, USAF, Clermont County Veterans Services, Executive Director.

Allan Shropshire, USAF, Batavia Rotary, President.

The Luncheon will be held at our Main Office 2085 James E. Sauls Sr. Drive Batavia, Ohio 45103

Please RSVP with your name and branch of service by October 20, 2022 to Kathy Angel, angelk@clermontseniors.com or 513-536-4021

SAVE THE DATE



Pictured above:
Frank Morrow, Veteran's Services
Executive Director, right;
William Singleton,
WWII Bombardier, left.
(From November 2019
Veteran's Luncheon)



Clermont Senior Services , Inc. 2085 James E. Sauls Sr. Dr. Batavia, Ohio 45103 www.clermontseniors.com 513-724-1255

Our mission is to improve the quality of life for older adults by providing a broad range of home and community based services, enabling them to remain as active and independent as possible.



GUARDIAN WORKSHOPS

AUGUST 5, FRIDAY, 4:00-5:00PM
AND
OCTOBER 19, WEDNESDAY, 4:00-5:00PM

Guardians, Ellen Tom and Heather Horine, will share helpful information based on their experiences as volunteer guardians with CSS. This insightful information will help you along the journey of guardianship.

The Workshops are intended for current guardians, those considering becoming a guardian, or those curious about the Guardianship Program.

THE WORKSHOPS WILL BE HELD AT: CLERMONT SENIOR SERVICES MAIN OFFICE:

2085 JAMES E. SAULS SR. DRIVE BATAVIA 45103

Call or email if you have any questions or to register for the workshops

513-536-4021 or angelk@clermontseniors.com

BROUGHT TO YOU BY CLERMONT SENIOR SERVICES.

It is often assumed all of us will have a person who will take care of us when we can no longer care for ourselves. The truth is, not all of us will have a person willing or able to be responsible for decision making for us.

There are older adults with mental incapacities in Clermont County who do not have a family member or friend to assist them in this way. The need is growing.

Qualifications for the Volunteer Guardian Program at Clermont Senior Services are: be at least 21 years of age, have reliable transportation, attend an interview, complete a background check, provide references, and complete free, online training.

Call Kathy Angel for more information 513-536-4021



Pictured above left to right are the Adult Protective Services Staff: Dave, Laura, Marla, Debbie; and student intern Kimberlee, on far right.

Volunteers Being the Difference...















The "Eastside Old Guys" and Gal and Brad Sackrider working hard to clean it up so a senior can enjoy their pretty yard.

Pictured above left to right: Kevin Wallace, Rod McKenzie, Susan McKenzie, Brad Sackrider, Mike Leyritz. On left: Dave Gossman.

Thanks so much for all your help!

Special thanks to Doug King for volunteering his time to take pictures of yard work volunteers.

A BIG SHOUT OUT to Peggy Lee, not pictured. She's been working hard on beautifying yards for seniors this season. Thank you!

Yardwork is a dirty job but these volunteers go to great lengths to help a senior take care of their lawn!

Brad Sackrider, Stump Shark President, volunteers his talents, time, and equipment to help a senior. Nick Sackrider works hard alongside his uncle.





Nick & Brad





Team Boesenberg working together to make it beautiful for a senior! Thank you!

Thank you to St. Veronica for always being quick to help a senior that needs yardwork done! You rock!

Key Bank volunteers making it happen on their Annual "Neighbors Make the Difference" Outreach Day! Thank you for time spent working hard on a seniors yard!

Pictured below: Tommy Clifton, left Frank Wessels, right. Not pictured: Dan Williams.



Volunteer Expressions...

Most people, if asked why they volunteer, will say something like "they feel a need to give back" or "they want to help people less fortunate than they." I don't doubt them. I'm rather more selfish; being quite an extrovert, I really like meeting new people. I started volunteering with Clermont Senior Services shortly after I moved to Cincinnati in order to meet new people and hopefully make a friend or two.

As a volunteer, I met an older gentleman whom I now consider quite a good friend. We visit every week or two. Sometimes I shop for him; sometimes we have breakfast at a restaurant; sometimes we just have coffee. Always we talk.





Dan Ramey



Dave Cockram

I started delivering Meals on Wheels almost 20 years ago in Columbus with my twin daughters while they were learning to drive. We enjoyed our time together and our interactions with the seniors. Meals on Wheels fits well with my professional interests. I started my career as a dietitian, spent 15 years developing and studying therapeutic nutrition products for Abbott Nutrition, followed by another 15 years leading a team doing regulatory work to enable us to develop and market novel therapeutic nutrition ingredients and products globally. We retired and moved to Clermont County to be closer to our kids' families just before the pandemic put a pause on most volunteer activities. I'm very happy to be delivering meals again, volunteering at a food pantry, and doing home repairs. Dave Cockram, Meals on Wheels volunteer

Thank you for the Appreciation certificate and the Kroger gift card. Can't believe I've been a shopper for 10 years. (Signed up to shop the day after I retired.) It has been an adventure for me as I didn't know what to expect when I started. I've had so many nice clients/friends over the years!!! It has been a pleasure to meet and help out each and every one of them. Thanks again. Jayne Koval, Friendly Shopper



Jayne Koval

What is the essence of life? To serve others and do good. Aristotle



I enjoy and appreciate the opportunity I get to connect with my community through volunteering with Clermont Senior Services! Charissa Cook, Guardian pictured on left



Dorothy Gabbard, Miami Township center participant, pictured on left, being pampered by having her nails polished by Susan McKenzie, Extra Hands volunteer, on right.

CONTINUES TO BE MY HEARTFELT SENTIMENT TO THE BEST VOLUNTEERS AROUND!

SHOPPERS, MEALS ON WHEELS, GUARDIANS, HOME SAFETY REPAIR, VISITORS AND CALLERS, YARD WORKERS, EXTRA HANDS, AND VISITING OFFICERS VOLUNTEERS! WE COULDN'T DO IT WITHOUT YOU! YOU ARE THE MOST INCREDIBLE AND COMPASSIONATE GROUP OF PEOPLE THAT GET THE JOB DONE IN AN EXCELLENT WAY, CONSISTENTLY! YOU ARE THE SUNNY SPOT IN THE SENIORS DAY AND YOUR SMILE LIGHTS UP THEIR LIFE! YOU ARE THE EYES AND EARS ON THE FRONTLINE, WATCHING AND LISTENING FOR SIGNALS THAT POINT TO REASON FOR CONCERN. YOU ARE FAITHFUL TO THE SENIORS! WE THANK YOU FROM THE BOTTOM OF OUR HEARTS FOR THE "SERVICE WITH HEART"

YOU EXEMPLIFY WHILE VOLUNTEERING WITH THE SENIORS. WE APPRECIATE YOU SO MUCH!

New For You

Clermont Senior Services is offering CPR and First Aid training to you complete with certification cards and books. There are three different class times being offered so everyone that would like to participate will have an opportunity. Please send an email or call me with the training date you would like to attend. There is no charge for this training opportunity. 513-536-4021 or angelk@clermontseniors.com



August 15, 2:00-4:30pm
August 19, 2:00-4:30pm
August 24, 6:00-8:30pm.
angelk@clermontseniors.com;
513-536-4021



CONGRATULATIONS
ARE IN ORDER FOR THE
FIRST ROUND OF
10 STUDENTS UPON
THEIR SUCCESSFUL
COMPLETION OF THE
CPR TRAINING CLASS!

And the Winner Is...



Each newsletter during 2022 will bring an opportunity to enter a Drawing for a \$10 sweet treat gift card!

All you have to do is send me an email or call and say "I'm In!" I'll give everyone a couple weeks to enter then draw for the lucky winner!

Having said that...

this is your second chance to win a sweet treat! Email or call and the drawing will be **July 29**! angelk@clermontseniors.com <u>OR</u> 513-536-4021.

The lucky winner for the first \$10 sweet treat UDF gift card: Sally Wolfe! Congrats Sally!





GUY MARQUETTE,
RESIDENT SANTA AND
TRANSPORTATION ASSISTANT,
DREW THE LUCKY GIFT
CARD WINNER'S NAME
FROM THE HOPPER.
THANKS GUY!

Thanks so much to each volunteer for being the difference in a seniors life.

The time you've dedicated to helping another will never be wasted.



Do you know someone that would enjoy volunteering with older adults?

Please pass my contact information along.

Kathy Angel, Volunteer Coordinator

513-536-4021 or angelk@clermontseniors.com







Please take it *extra* slow when you are in the CSS parking lot. Thank you!



Pet Watch: When you're at a senior's house, keep an eye on pets to be sure they are getting enough food and water. Thanks to generous donors, the CSS Kitchen has pet food when needed. Treats are available too!

Call Tudor at the Kitchen when you see a pet in need.

513-536-4098



A Message from Tudor:

Please keep ice on the meals on wheels boxes!

The Summer heat has been sweltering thus far and we can't risk the meals thawing while they are in your car awaiting delivery. If you have any questions, please contact Tudor at the Kitchen.

Call: 513-536-4099 or email: dyoung@clermontseniors.com Thank you! We Appreciate You!

Call Tudor or Kathy if you'd like to know why a senior is no longer on your meal route

Thank you for being an AMAZING volunteer!

Mileage Reimbursement

Please be sure front and back sides of

Reimbursement Forms are included when you email, postal mail, or hand deliver the forms for mileage.

Round total miles up or down please.
Thank you! You are Appreciated!

Effective 7/1/2022: 62.5 cents per mile

as according to the IRS guidelines.

NEED MILEAGE FORMS?
SHOPPING RECEIPT FORMS?
ACTIVITY LOGS?
LET ME KNOW AND
I'LL GET SOME TO YOU!
513-536-4021 or
ANGELK@CLERMONTSENIORS.COM



Cooler days will be here soon and that means *Inclimate Weather* may be right around the corner! Your safety is our utmost concern. If you are not comfortable driving on snowy or icy roads, please let us know and we will get your meals on wheels route covered. If you are a shopper, please call the senior you had scheduled to shop for and let them know you'd like to reschedule. Thank you! Be safe!





Summer yardwork is in full swing and seniors in our community need help! Do you have family, a friend, or small group to team up with that would like to reach out and help a senior in need with trimming shrubs and low branches, picking up sticks in the yard, weed eating, mowing, and raking? It's a great time to get friends and family involved in the community! If you like working outdoors, this may be the perfect opportunity for you! For more information, contact:

Kathy Angel, Volunteer Coordinator angelk@clermontseniors.com OR 513-536-4021



Let Adopt A Senior 2022 begin!

The Volunteer Department is being transformed into the North Pole, bustling with activity, preparing to send out Wish Lists to seniors in the community that are hoping to be adopted by a generous adopter. The Early Bird Donor cards will be mailed out to adopters mid September, giving last years adopters a reminder that it's time to call in to adopt a senior. If you haven't adopted a senior before and would like to this year, please call or email and I'll get a Wish List and instructions sent to you. Adopting a senior helps make Christmas bright for the senior and you! Completed Wish Lists will be available for adoption beginning September 20.

For a list of other ways to participate in the Adopt A Senior program, please contact Kathy Angel at: 513-536-4021 or angelk@clermontseniors.com.



640 seniors received gifts for
Christmas 2021, thanks to a very
generous community of adopters!
The gifts were delivered in record
time, thanks to the speedy
delivery team!
Thank you to ALL who helped make
Adopt A Senior 2021
so successful!

-Volunteer opportunities available at Clermont Senior Services-

- <u>Guardians</u> assist with decision making for a senior that is incapable of doing so for themselves and has no one else that is willing or able to help. A very rewarding role assisting a senior at this vulnerable time in their life.
- Meals On Wheels deliver nutritious meals to seniors once weekly during lunch hours (M-F).
- Shopper grocery shop and run errands for a senior.
- Friendly Caller or Visitor phone calls or visits to a senior for socialization.
- Extra Hands help seniors with yard work at their homes; help in the office, Adult Day Program, or Lifelong Learning Centers when extra hands are needed.
- <u>Home Safety Repair</u> build ramps, install grab bars, or other safety tasks at a senior's home (experience necessary).
- Adopt A Senior Program become a donor, help deliver gifts, help with organization during the program.
- Officer Visits Clermont County Sheriff's Dept. and local Police Departments visit seniors that are socially isolated.

I NEED YOUR HELP! Do you belong to:
a community group, exercise class, or church small group?
I'd like to talk with your group in person or via ZOOM
about volunteer opportunities. Call or email me at:
angelk@clermontseniors.com 513-536-4021



Upcoming 2022 Agency Closings

September 5 Monday, Labor Day

November 11 Friday, Veteran's Day

November 24 Thursday, Thanksgiving

November 25 Friday, post Thanksgiving

December 23 Friday, pre Christmas

December 26 Monday, post Christmas

Do you have a talent or skill you'd like to share as a volunteer? We have room for more cheerful volunteers!

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