

Bill DeHass, Director
 Carla Bee, R.N. ADS Manager, Case Manager
 Cindy Elam, Administrative Assistant
 Gie Benshoof, Activities Specialist

Welcome Center October Activity Calendar

Program Aides:

Dennis, Julia, Bonnie, Kathy, Jenna

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				9:30 Trivia 9:45 Morning Stretch 10:00 BB Chicks 10:30 Customers'ChoiceActiveGame Bible Study/TTGames/Clavinova 11:30 Lunch 12:45 ADS Oktoberfest – Armchair Trip to Munich, Germany 1:45 Snack 2:00 PM Stretch Candid Animals
4	5	National Coffee with a Cop Day 6	7	FALL LEAF TOUR 8
9:30 Trivia 9:45 Morning Stretch/CardioDrumming 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ TTGames/Clavinova-MusicExplo 11:30 Lunch 12:45 The Wannabes 2:00 PM Stretch PeoplePlacesHistoryArts&Culture	9:30 Trivia 9:45 Morning Stretch/CardioDrumming 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Clavinova/Craft 11:30 Lunch 12:45 Garry & Sandy 1:45 Snack 2:00 PM Stretch CandidAnimals	9:30 Trivia 9:45 Morning Stretch/CardioDrumming 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ TTGames/Clavinova/Craft 11:30 Lunch 12:45 Memory Makers 1:45 Snack 2:00 PM Stretch Comedy Delights	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Cudtomers'ChoiceActiveGame Bible Study/TTGames/Clavi./Craft 11:30 Lunch 12:45 Annie&Tom K. with Bill S. 1:45 Snack 2:00 PM Stretch MusicOnScreen	9:30 Trivia 9:45 Morning Stretch/CardioDrumming 10:00 OSU Nutrition Teaching Fall Leaf Tour 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Clavi./Craft 11:30 Lunch 12:45 Didi Hall 1:45 Snack 2:00 PM Stretch PeoplePlacesHistoryArts&Culture
11	12	13	14	15
9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ TTGames/Clavinova-MusicExplo 11:30 Lunch 12:45 Gary Mac 2:00 PM Stretch PeoplePlacesHistoryArts&Culture	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ TTGames/Clavinova 11:30 Lunch 12:45 Dave Hubert 1:45 Snack 2:00 PM Stretch HealthyTidBits	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame TTGames/Clavinova 11:30 Lunch 12:45 Jerry & Kathy 1:45 Snack 2:00 PM Stretch MusicOnScreen	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ Bible Study/Clavinova 11:30 Lunch 12:45 Rosalie 1:45 Snack 2:00 PM Stretch ComedyDelights	9:30 Trivia 9:45 Morning Stretch 10:00 OSU Nutrition Teaching 10:30 Customers'ChoiceActiveGame/ TTGames/Clavinova 11:30 Lunch 12:45 Birthdays with Annie K. 1:45 Snack 2:00 PM Stretch Candid Animals

Welcome Center October Activity Calendar

18	19	20	21	22
9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ TTGames/Craft/Clavinova 11:30 Lunch 12:45 Annie K. and The Memory Makers 1:45 Snack 2:00 PM Stretch PeoplePlacesHistoryArts&Culture	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Craft 11:30 Lunch 12:45 Grounded 1:45 Snack 2:00 PM Stretch Comedy Delights	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ TTGames/Clavinova-MusicExplo. 11:30 Lunch 12:45 Sandy with Garry 1:45 Snack 2:00 PM Stretch PeoplePlacesHistoryArts&Culture	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Clavinova 11:30 Lunch 12:45 Jerry Stanley 1:45 Snack 2:00 PM Stretch Candid Animals	9:30 Trivia 9:45 Morning Stretch 10:00 OSU Nutrition Teaching 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Clavinova 11:30 Lunch 12:45 Kinner Express 1:45 Snack 2:00 PM Stretch MusicOnScreen
25	26	27	28	29
9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ TTGames/Craft/Clavinova 11:30 Lunch 12:45 Chuck V 1:45 Snack 2:00 PM Stretch PeoplePlacesHistoryArts&Culture	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Craft 11:30 Lunch 12:45 Literary Club 1:45 Snack 2:00 PM Stretch Comedy Delights	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Craft 11:30 Lunch 12:45 Gary Mac & Master Jack 1:45 Snack 2:00 PM Stretch Comedy Delights	9:30 Trivia 9:45 Morning Stretch 10:00 Art/ Reading Nook 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Craft 11:30 Lunch 12:45 Tom Sutton 1:45 Snack 2:00 PM Stretch Comedy Delights	ADS Fall Festival 9:30 Trivia 9:45 Morning Stretch 10:00 OSU Nutrition Teaching 10:30 Customers'ChoiceActiveGame/ BibleStudy/TTGames/Clavinova 11:30 Lunch 12:45 Fun n' Treat Day Friday at ADS with The Dreamweavers Sponsors: Cheryl Taylor & Friends  1:45 Snack 2:00 PM Stretch MusicOnScreen

Prepared by: Gie Benshoof, Activity Specialist

Chachi 10-14,
 Bill L. 10-28,
 Gladys R 10-24

OUR ACTIVE GAMES INCLUDE (NOT LIMITED TO)

Bowling, Chair Volleyball, Golf,
 Noodleball, Horseshoes, Corn Hole,
 Floor Target, Toss Games, Basketball,
 The Pond, Target Shoot (Nerf), Chair
 Baseball, Toss4Game, Soccer Kick,
 SwatABalloon, etc.

(and themed special games for Special
 Occasions)



Regular Activities offered include: Cultural Programs, Fine Arts programs, Clavinova Music Therapy Sessions, Cards, Puzzles, Board Games, Half-hour TV Shows, AM & PM Stretches, and Patio Time.

Overhead Screen Games includes: Crossword Puzzles, Picture Puzzles, Concentration (Memory Game), Word Games, Trivia Questions, The Price Is Right, Horse Race, Headband-ActItOut Game, etc.

Some activities vary each day.

Each Day: Coffee and Social Hour from 8:30 a.m. – 9:30 a.m.

TriviaInMotion may include the following: Cooking&Nutrition/Menu Review
 PeoplePlacesHistoryArts&Culture, AnimalsWildlife&Nature, CurrentEvents,
 Music&Arts.

This institution is an equal opportunity provider and employer.