



# Clermont Senior Services June CHOICE menu



	Monday	Tuesday	Wednesday	Thursday	Friday
BOX					1
LUNCH				In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs) To file a complaint of discrimination write USDA, Director Office of Civil Rights Room 326-W Whitten Building, 1400 Independence Ave. S.W. Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD) USDA is an equal opportunity provider and employer.	<b>Chicken Potato Casserole</b> Broccoli (2 servings) Wheat Bread (2 slices) Margarine Peaches
WEEK			Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk		Diet: same
7					
BOX	4	5	6	7	8
LUNCH	<b>Spaghetti &amp; Meatballs</b> w/ Marinara Italian Vegetables Spinach / Vinegar Wheat Bread / Margarine Peaches Parmesan Cheese	<b>Swiss Steak</b> O'Brien Potatoes Wheat Bread (2 slices) Margarine Mandarin Oranges	<b>Summer Salad</b> w/ diced Eggs, Shredded Cheese, Grape Tomatoes, Broccoli Floret, Unsalted Saltine Crackers (2 pk) Ranch Dressing Apples Juice 100% Animal Crackers	<b>Broccoli Cheddar Chicken</b> Brown Rice Oregon Vegetables Corn Wheat Bread / Margarine Pears	<b>Roast Turkey w/Gravy</b> Mashed Potatoes Vegetable Medley Wheat Bread / Margarine Cranberry Juice Chocolate Elf Grahams
WEEK	Diet: same	Diet: same	Diet: same	Diet: same	Diet: same
1			<b>D-Day - 1944</b>		
BOX	11	12	13	14	15
LUNCH	<b>Grilled Chicken w/BBQ Sauce -</b> Potato Wedges Cheesy Broccoli Bun Applesauce	<b>Smoked Turkey Sausage w/ Sauerkraut</b> Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup	<b>Salisbury Steak w/Gravy</b> Whipped Sweet Potatoes Mixed Vegetables Wheat Bread (2 slices) Margarine Peaches	<b>American Pasta Salad</b> w/ diced Egg, Broccoli, Grape Tomatoes, Shredded Carrots Rotini Noodles, Ranch Dressing Unsalted Saltine Crackers (2 pk) Orange Juice 100%	<b>Fathers Day Celebration</b> <b>Hamburger</b> w/ Swiss American Cheese Baked Beans Broccoli Bun Mustard / Ketchup Grape Juice 100%
WEEK	Diet: same	Diet: same	Diet: same	Diet: same	Sponge Cake Diet: same
2				<b>Flag Day - 1944</b>	<b>JUNE BIRTHDAY CELEBRATION</b>
BOX	18	19	20	21	22
LUNCH	<b>Cheese Pizza</b> Peas & Onions Carrot Coins Apple Juice 100% Animal Crackers	<b>Baked Chicken w/Gravy</b> Herb Dressing Broccoli Cauliflower Wheat Bread / Margarine Strawberry Applesauce	<b>Chili w/ Spaghetti</b> Vegetable Medley (2 servings) shredded Cheddar Cheese Unsalted Saltine Crackers (2 pk) Pears	<b>Meatloaf w/ Gravy</b> Mashed Potatoes diced Carrots Wheat Bread (2 pcs) Margarine Fruit Cocktail	<b>Turkey Sandwich on Wheat</b> Potato Salad Coleslaw Peaches Mayo (for Turkey only)
WEEK	Diet: same	Diet: same	Diet: same	Diet: same	Diet: same
3		<b>Juneteenth - 1865</b>	<b>American Eagle Day</b>	<b>Summer Solstice</b>	
BOX	25	26	27	28	29
LUNCH	<b>BBQ Beef</b> Peas & Onions Peach "Cobbler" Coleslaw Bun	<b>Chicken &amp; Brown Rice w/Gravy</b> Broccoli diced Carrots Wheat Bread / Margarine Pears	<b>Country Fried Steak w/Gravy</b> Potato Wedges Green Beans Dinner Roll / Margarine Grape Juice 100% Sponge Cake	<b>Ham Sandwich on White</b> 3 Bean Salad Potato Salad Mandarin Oranges Mustard	<b>Turkey Tetrazzini</b> w/ Peas & Mushrooms Brussel Sprouts Baked Cinnamon Apples Dinner Roll / Margarine
WEEK	Diet: same	Diet: same	Diet: same	Diet: same	Diet: same
4					