



	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
BOX					
LUNCH	Smoked Turkey Sausage w/ Sauerkraut Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup	Salisbury Steak w/Gravy Whipped Sweet Potatoes Mixed Vegetables Wheat Bread (2 slices) / Margarine Peaches	Hamburger w/ Swiss American Cheese slice Baked Beans Broccoli Bun Pineapple Mustard / Ketchup	Italian Chicken w/ No Salt Added Marinara Spaghetti Italian Vegetables Peas Cranberry Juice Sponge Cake	Grilled Chicken w/BBQ Sauce Potato Wedges Cheesy Broccoli Bun Applesauce
WEEK					
6	Diet: same Reconciliation Day 1989	Diet: same World Party Day- 1996	Diet: same	Diet: same National Dandelion Day	Diet: same National Walk to Work Day 2004
BOX	9	10	11	12	13
LUNCH	Chili w/Spaghetti Vegetable Medley (2 servings) Cheddar Cheese unsalted Saltine Crackers (2 pk) Pears	turkey Ham & Beans Mixed Vegetables (2 servings) Cornbread / Margarine Mandarin Oranges Animal Crackers	Meatloaf w/ Gravy Mashed Potatoes Carrots Wheat Bread (2 slices) Margarine Fruit Cocktail	Cheese Pizza Peas & Onions Carrot Coins Apple Juice 100% Chocolate Chip Cookie	Baked Chicken w/ Gravy Herb Dressing Broccoli Cauliflower Wheat Bread / Margarine Strawberry Applesauce
WEEK					
7	Diet: same	Diet: same Golfer's Day 1916	Diet: same Eight Track Tape Day	Diet: same	Diet: same International Plant Appreciation Day
BOX	16	17	18	19	20
LUNCH	Chicken & Brown Rice w/ Gravy Broccoli diced Carrots Wheat Bread / Margarine Pears	Beef Vegetable Stew <i>carrots/ red skin potatoes</i> Green Beans (2 servings) Cornbread / Margarine Pineapple	Turkey Tetrizzini w/ Peas and Mushrooms Brussel Sprouts Baked Cinnamon Apples Dinner Roll / Margarine	BBQ Beef Peas & Onions Potato Wedges Peaches Bun	BIRTHDAY CELEBRATION Country Fried Steak w/Gravy Potato Wedges Green Beans Dinner Roll / Margarine Apple Juice 100% Chocolate Sponge Cake
WEEK					
1	Diet: same National Stress Awareness Day 1992	Diet: same Income Tax Day	Diet: same	Diet: same National High Five Day 2002	Diet: same 
BOX	23	24	25	26	27
LUNCH	Lemon Pepper Fish w/ Tartar Sauce Brown Rice Scandinavian Veggies (2 servings) Wheat Bread / Margarine Fruit Cocktail	Pineapple Ham Steak Whipped Sweet Potatoes Peas Wheat Bread (2 slices) Margarine Mandarin Oranges	Chicken & Potato Casserole <i>with tater tots ch7025</i> Broccoli (2 servings) Wheat Bread (2 slices) Margarine Peaches	Pork Cutlet w/Gravy Green Beans Beets Wheat Bread / Margarine Pineapple Animal Crackers	Stuffed Cabbage Roll w/Marinara Peas & Onions Sliced Yellow Squash White Bread / Margarine Grape Juice 100% Teddy Grahams
WEEK					
2	Diet: same Lover's Day	Diet: same	Diet: same Administrative Professional's Day 1952	Diet: same Take you Daughter to Work Day 1993	Diet: same Babe Ruth Day 1947
BOX	30				
LUNCH	Swiss Steak w/ Peppers/ Onions Stewed Tomatoes O'Brien Potatoes Wheat Bread (2 slices) / Margarine Pears			In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race,color,national origin, sex, age, or disability.(Not all prohibited bases apply to all programs) To file a complaint of discrimination write USDA, Director Office of Civil Rights Room 326-W Whitten Building,1400 Independence Ave, S.W. Washington,D.C. 20250-9410 or call (202)720-5964 (voice and TDD) USDA is an equal opportunity provider and employer.	
WEEK					
3	Diet: same National Honesty Day - 1990s				

Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)