

	Monday	Tuesday	Wednesday	Thursday	Friday
BOX					1
LUNCH		<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs) To file a complaint of discrimination write USDA, Director Office of Civil Rights Room 326-W Whitten Building, 1400 Independence Ave, S.W. Washington, D.C. 20250-9410 or call (202)720-5964 (voice and TDD) USDA is an equal opportunity provider and employer.</p>			Stuffed Cabbage Roll w/Marinara Peas & Onions sliced Yellow Squash White Bread / Margarine Grape Juice 100% Teddy Grahams Diet: same
WEEK	<p>Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)</p>				
2	4	5	6	7	8
LUNCH	Lemon Pepper Fish w/ Tartar Sauce Brown Rice Scandinavian Veggies (2 servings) Wheat Bread / Margarine Fruit Cocktail Diet: same	Rosemary Chicken Potato Wedges Vegetable Medley Wheat Bread (2 slices) Margarine Applesauce Diet: same	Chicken & Potato Casserole with tater tots Broccoli (2 servings) Wheat Bread (2 slices) Margarine Peaches Diet: same	Pork Cutlet w/ Gravy Green Beans Beets Wheat Bread (2 slices) Margarine Pineapple Diet: same	Cheese Pizza Peas & Onions Carrot Coins Apple Juice 100% Chocolate Chip Cookie Diet: same
WEEK					
3				Pearl Harbor Remembrance Day	
BOX	11	12	13	14	15
LUNCH	Spaghetti & Meatballs w/ Marinara Italian Vegetables Spinach / Vinegar Wheat Bread / Margarine Peaches Parmesan Cheese Diet: same	Broccoli Cheddar Chicken Brown Rice Oregon Vegetables Corn Wheat Bread / Margarine Fruit Cocktail Diet: same	Swiss Steak w/ Peppers / Onions / Cheese Stewed Tomatoes O'Brien Potatoes Wheat Bread (2 slices) / Margarine Pears Diet: same	Beef & Noodles w/ Gravy Green Beans Carrots Wheat Bread / Margarine Peaches	Roast Turkey w/Gravy Mashed Potatoes Vegetable Medley Dinner Roll / Margarine Grape Juice 100% Angel Food Cake Diet: same
WEEK					
4		Hanukkah begins at sundown			HAPPY BIRTHDAY!
BOX	18	19	20	21	22
LUNCH	Smoked Turkey Sausage w/ Sauerkraut Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup Diet: same	Hamburger w/ Swiss American Cheese slice Tomato Soup (cong only) Baked Beans Broccoli Bun Pineapple Mustard / Ketchup Diet: same	CHRISTMAS CELEBRATION Cherry Glazed Ham Sweet Potato Patties (2 patties) Peas Dinner Roll / Margarine Cranberry Juice 100% Mini Chocolate Éclairs (2 ea) Diet Alt: Choc Sponge Cake	Grilled Chicken w/BBQ Sauce Potato Wedges Cheesy Broccoli Bun Applesauce Diet: same Winter begins	Italian Chicken w/ Marinara over Spaghetti Italian Vegetables Peas Cranberry Juice Sponge Cake Diet: same
WEEK					
5	25	26	27	28	29
LUNCH	<p>From the Derringer Family to you - we wish you Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control, Contentment, Health, Provision, Abundance.</p> <p>CLERMONT SENIOR SERVICES CLOSED</p> <p>HAPPY HOLIDAYS</p>	<p>Clermont Senior Services Closed</p>	Meatloaf w/ Gravy Mashed Potatoes Carrots Wheat Bread / Margarine Orange Pineapple Juice 100% Angel Food Cake Diet: same	turkey Ham & Beans Mixed Vegetables (2 servings) Cornbread / Margarine Fruit Cocktail Animal Crackers Peaches Diet: same	Baked Chicken w/ Gravy Herb Dressing Broccoli Cauliflower Wheat Bread / Margarine Strawberry Applesauce Diet: same
WEEK					
6					