



SAVORY SELECTS

Senior's Name: _____

Sr Site: *Clermont Sr Services*
Delivery Day: _____

Site's Phone # (513) 536-4098

Route: _____

Delivery Date: _____

Number of Meals: _____

Entrée - Beef

9128	BBQ Beef , Peas & Onions, Potato Wedges	
9008	Beef & Noodles w/ Green Beans and Carrots	
9001	Beef Vegetable Stew w/ Carrots, Red Skin Potatoes & Peas, & Green Beans	
9064	Chili Spaghetti , Vegetable Medley	
9063	Country Fried Steak w/ Gravy , Potato Wedges, Green Beans	
9071	Hamburger Patty , Great Northern Beans, Broccoli	
9072	Meatloaf w/ Gravy , Mashed Potatoes, Spinach	
9102	Philly Sliced Beef w/Peppers/Onions (for sandwich) , Potato Wedges, Mixed Vegetables	
9029	Salisbury Steak & Gravy , Whipped Sweet Potatoes, Mixed Vegetables	
9035	Spaghetti & Meatballs w/ Marinara , Italian Vegetables, Spinach	
9302	Steak Hoagie w/ Gravy , Potato Wedges, Baked Beans	
9088	Swiss Steak w/ Tomatoes, Onion, Pepper, O'Brien Potatoes	

Entrée - Chicken

9075	Baked Chicken w/ Herb Dressing , Gravy, Broccoli, Green Beans w/Almonds	
9315	Chicken & Potato Casserole , Broccoli	
7022	Chicken Carmela , Savory Tomato Sauce, Spaghetti, & Italian Vegetables w/Soybeans	
9023	Chicken w/ Brown Rice & Gravy , Broccoli, Carrots	
9049	Grilled Chicken w/ BBQ Sauce , Potato Wedges, Cheesy Broccoli	
7013	Pineapple Topped Chicken , Peas, Sweet Potato Patties	

Entrée - Pork

7005	Deli Ham (for sandwich) , Baked Beans, Broccoli	
9094	Hawaiian Pineapple Ham , Sweet Potato Patties, Peas	
9003	Pork Cutlet w/ Gravy , Broccoli, Green Beans	

Entrée - Seafood

9033	Baked Lemon Pepper Fish w/ Rice , Vegetable Medley	
9030	Salmon Croquette , Potato Wedges, Mixed Vegetables	

Entrée - Turkey

9005	Roast Turkey w/ Gravy , Mashed Potatoes, Vegetable Medley	
9055	Smoked Turkey Sausage w/Sauerkraut, Mashed Potatoes, Green Beans	
9036	Turkey Tetrazzini (contains mushrooms) , Brussels Sprouts, Baked Cinnamon Apples	

Entrée - Vegetarian

9129	Asian Vegetables & Rice (contains mushrooms) , Peas, Fruit Dessert	
9315	Cheese Lasagna w/ Marinara , Italian Vegetables, Corn	
9109	Cheese Ravioli w/ Marinara , Spinach, Mixed Vegetables	
9130	Macaroni & Cheese , Stewed Tomatoes, Green Beans	
9131	Spaghetti w/ Marinara , Peas, Italian Vegetables	

Please complete both sides

Complete meal consists of: 3 oz. Protein, 1 cup vegetables, 1 cup Fruit or Juice, 1 cup Milk, 2 servings Bread/Starch.
Menu subject to change without notice.

rev 7 July 2015

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Fruit / Juice - 1 per meal

Apple Juice (100%)	
Applesauce	
Cranberry Juice	
Fresh Apple	
Fresh Orange	
Fruit Cocktail	
Grape Juice (100%)	
Mandarin Oranges	
Orange Juice (100%)	
Peaches (diced)	
Pineapple Juice (100%)	
Pineapple Tidbits	

Bread - 1 per week

100% Whole Wheat (½ loaf)	
Whole Grain White (½ loaf)	

Desserts / Snacks - 1 per meal

Animal Cookies	
Chocolate Elf Cookies	
Chocolate Sponge Cake Square (uniced)	
Cinnamon Teddy Grahams	
Crispy Rice Bar	
Fruit & Grain Bar -Strawberry	
Goldfish Cheese Crackers	
Honey Scooters (single serve cereal)	
Krisp Kreem Cookies	
Mini Pretzels	
Sponge Cake Square (uniced)	
Toasty-O's (single serve cereal)	
White Cheddar Popcorn	

Condiments - 1 per meal

Ketchup	
Margarine	
Mayonnaise	
Mustard	
Tartar Sauce	

Milk

Half Pints / 1 per Meal

Half Gallons / 1 per 7 meals

1% Milk (½ gallon)	
1% Milk (half pint)	
Skim Milk (½ gallon)	
Skim Milk (half pint)	

Please complete both sides