



	Monday	Tuesday	Wednesday	Thursday	Friday
BOX					1
LUNCH			<b>Oktoberfest Zinzinnati 15th - 17th</b>  <b>Yom Kippur - 30th</b>  <b>VJ Day WWII - 2nd</b>  <b>Grandparents Day - 10th</b>	In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs) To file a complaint of discrimination write USDA, Director Office of Civil Rights Room 326-W Whitten Building, 1400 Independence Ave, S.W. Washington, D.C. 20250-9410 or call (202)720-5964 (voice and TDD) USDA is an equal opportunity provider and employer.	<b>LABOR DAY CELEBRATION</b> <b>Grilled Chicken w/BBQ Sauce</b> Potato Wedges Cheesy Broccoli Bun Grape Juice 100% Chocolate Chip Cookie  Diet: same
WEEK	Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)				
2	4	5	6	7	8
LUNCH	<b>LABOR DAY</b> 	<b>Salisbury Steak w/Gravy</b> Whipped Sweet Potatoes Mixed Vegetables Wheat Bread / Margarine Peaches Animal Crackers  Diet: same <b>Be Late for Something Day</b>	<b>Italian Chicken</b> w/ Marinara over Spaghetti Italian Vegetables Peas Cranberry Juice Sponge Cake   Diet: same <b>Read a Book Day</b>	<b>Smoked Turkey Sausage</b> <b>w/ Sauerkraut</b> Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup  Diet: same	<b>Chicken Salad Sandwich</b> on a Bun Potato Salad Cole Slaw Mandarin Oranges   Diet: same <b>International Literacy Day - 1965</b>
WEEK					
3	11	12	13	14	15
LUNCH	<b>Chili w/Spaghetti</b> Vegetable Medley (2 servings) Cheddar Cheese Unsalted Saltine Crackers (2 pk) Applesauce  Diet: same <b>911 Remembrance Day</b>	<b>Summer Salad</b> w/ Diced Eggs, Cheese, Grape Tomatoes, Broccoli Floret, Saltine Crackers & Ranch Dressing Fruit Punch 100% Animal Crackers  Diet: same	<b>Baked Chicken w/ Gravy</b> Herb Dressing Broccoli Cauliflower Wheat Bread / Margarine Strawberry Applesauce   Diet: same <b>Uncle Sam Day - 1989</b>	<b>Cheese Pizza</b> Peas & Onions Carrot Coins Apple Juice 100% Chocolate Chip Cookie  Diet: same	<b>POW / MIA Recognition Day - 1979</b> <b>Meatloaf w/ Gravy</b> Mashed Potatoes Carrots Wheat Bread / Margarine Orange Pineapple Juice 100% Angel Food Cake   Diet: same <b>HAPPY SEPT BIRTHDAY!</b>
WEEK					
4	18	19	20	21	22
LUNCH	<b>Chicken and Brown Rice</b> <b>w/ Gravy</b> Broccoli Diced Carrots Wheat Bread / Margarine Pears  Diet: same	<b>Ham Sandwich - 9125</b> 3 Bean Salad Potato Salad White Bread Mandarin Oranges Mustard  Diet: same	<b>Country Fried Steak w/Gravy</b> Potato Wedges Green Beans Dinner Roll / Margarine Apple Juice 100% Chocolate Sponge Cake  Diet: same <b>Rosh Hashanah</b> 	<b>Turkey Tetrazzini</b> <b>w/ Peas and Mushrooms</b> Brussel Sprouts Baked Cinnamon Apples Wheat Bread / Margarine  Diet: same	<b>BBQ Beef</b> Peas & Onions Peach "Cobbler" Cole Slaw Bun  Diet: same
WEEK					
5	25	26	27	28	29
LUNCH	<b>Stuffed Cabbage Roll</b> <b>w/Marinara</b> Peas & Onions Sliced Yellow Squash White Bread / Margarine Grape Juice 100% Teddy Grahams  Diet: same	<b>Pineapple Ham Steak</b> Whipped Sweet Potatoes Peas Wheat Bread / Margarine Orange Juice 100% Oatmeal Cookie  Diet: same	<b>Lemon Pepper Fish</b> <b>w/ Tartar Sauce</b> Brown Rice Scandinavian Veggie Blend (2 servings) Wheat Bread / Margarine Fruit Cocktail  Diet: same	<b>Pork Cutlet w/ Gravy</b> Green Beans Beets Wheat Bread (2 slices) / Margarine Pineapple  Diet: same	<b>Chicken &amp; Potato Casserole</b> <b>with tater tots</b> Broccoli (2 servings) Wheat Bread (2 slices) / Margarine Peaches  Diet: same
WEEK					
6					