



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BOX</b>		1	2	3	4
<b>LUNCH</b>		<b>Salisbury Steak w/Gravy</b> Whipped Sweet Potatoes Mixed Vegetables Wheat Bread / Margarine Peaches Animal Cookies	<b>Chicken Salad Sandwich</b> on a Bun Potato Salad Cole Slaw Mandarin Oranges	<b>Smoked Turkey Sausage w/ Sauerkraut</b> Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup	<b>Italian Chicken</b> w/ Marinara over Spaghetti Italian Vegetables Peas Cranberry Juice Sponge Cake
<b>WEEK</b>	In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs) To file a complaint of discrimination write USDA, Director Office of Civil Rights Room 326-W Whitten Building, 1400 Independence Ave., S.W. Washington, D.C. 20250-9410 or call (202)720-5964 (voice and TDD) USDA is an equal opportunity provider and employer.	I ♥ My Parents			
<b>5</b>		Diet: same <b>National Respect for Parents Day - 1994</b>	Diet: same <b>Coloring Book Day - 1920s</b>	Diet: same	Diet: same <b>Assistance Dog Day - 2010s</b>
<b>BOX</b>	7	8	9	10	11
<b>LUNCH</b>	<b>Baked Chicken w/ Gravy</b> Herb Dressing Broccoli Cauliflower Wheat Bread / Margarine Strawberry Applesauce	<b>Cheese Pizza</b> Peas & Onions Carrot Coins Apple Juice 100% Chocolate Chip Cookie	<b>Turkey Sandwich on Wheat &amp; Crackers (cong only)</b> Pasta Salad Cole Slaw Peaches Mayo (for Turkey only)	<b>Chili w/Spaghetti</b> Vegetable Medley (2 servings) Cheddar Cheese unsalted Saltine Crackers (2 pk) Applesauce	<b>Pineapple Ham Steak</b> Whipped Sweet Potatoes Peas Wheat Bread / Margarine Orange Juice 100% Angel Food Cake
<b>WEEK</b>					
<b>6</b>	Diet: same	Diet: same <b>International Cat Day - 2002</b>	Diet: same	Diet: same <b>World Lion Day - 2000s</b>	Diet: same
<b>BOX</b>	14	15	16	17	18
<b>LUNCH</b>	<b>Turkey Tetrazzini w/ Peas and Mushrooms</b> Brussel Sprouts Baked Cinnamon Apples Wheat Bread / Margarine	<b>BBQ Beef</b> Peas & Onions Peach "Cobbler" Cole Slaw Bun	<b>Chicken and Brown Rice w/ Gravy</b> Broccoli diced Carrots Wheat Bread / Margarine Pears	<b>Ham Sandwich</b> 3 Bean Salad Potato Salad White Bread Mandarin Oranges Mustard (for ham only)	<b>Country Fried Steak w/Gravy</b> Potato Wedges Green Beans Dinner Roll / Margarine Apple Juice 100% Chocolate Sponge Cake
<b>WEEK</b>					
<b>7</b>	Diet: same <b>Afternoon Tea Week - 1840</b>	Diet: same	Diet: same <b>Tell a Joke Day - 1900 B.C.</b>	Diet: same	Diet: same <b>HAPPY AUGUST BIRTHDAY!</b>
<b>BOX</b>	21	22	23	24	25
<b>LUNCH</b>	<b>Pork Cutlet w/ Gravy</b> Green Beans Beets Wheat Bread (2 slices) / Margarine Pineapple	<b>Lemon Pepper Fish w/ Tartar Sauce</b> Brown Rice Scandinavian Veggie Blend (2 servings) Wheat Bread / Margarine Fruit Cocktail	<b>Stuffed Cabbage Roll w/Marinara</b> Peas & Onions sliced Yellow Squash White Bread / Margarine Grape Juice 100% Teddy Grahams	<b>Chicken &amp; Potato Casserole with tater tots</b> Broccoli (2 servings) Wheat Bread (2 slices) / Margarine Peaches	<b>Meatloaf w/ Gravy</b> Mashed Potatoes Carrots Wheat Bread / Margarine Orange Pineapple Juice 100% Angel Food Cake
<b>WEEK</b>					
<b>1</b>	Diet: same	Diet: same <b>Be an Angel Day - 1993</b>	Diet: same	Diet: same <b>Vesuvius Day - 79 A.D.</b>	Diet: same
<b>BOX</b>	28	29	30	31	
<b>LUNCH</b>	<b>Spaghetti &amp; Meatballs</b> w/ Marinara Italian Vegetables Spinach / Vinegar Wheat Bread / Margarine Peaches Parmesan Cheese	<b>Summer Salad</b> w/ Diced Eggs, Cheese, Grape Tomatoes, Broccoli Floret, Saltine Crackers & Ranch Dressing Fruit Punch 100% Animal Cookies	<b>Roast Turkey w/Gravy</b> Mashed Potatoes Vegetable Medley Wheat Bread (2 slices) / Margarine Applesauce	<b>Swiss Steak</b> w/ Peppers / Onions / Cheese Stewed Tomatoes O'Brien Potatoes Wheat Bread (2 slices) / Margarine Pears	
<b>WEEK</b>					<b>Happy Summer!..</b>
<b>2</b>	Diet: same <b>Bow Tie Day - 1600s</b>	Diet: same	Diet: same <b>Grief Awareness Day</b>	Diet: same	Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)